

June Events

in the

Mural Room Reiki Studio

First Monday Drop-In

Monday, June 5

Short sessions, suited for people new to Reiki
and practitioners who want to share

12:15 - 1:30 pm and 5:15 - 6:30 pm

~ payment by donation

Thursday Lunch Breaks

Short presentations and discussion

12:15 - 12:45 pm

You are welcome to linger or leave to get back to work

Thursday, June 8 : What Is Reiki, Anyway?

“It doesn’t look like anything is happening, so ...
how does it work?”

Thursday, June 15 : Reiki and Anxiety

Learn how Reiki can help with everyday worry

Thursday, June 22 : Reiki and Essential Oils

Learn how essential oils can enhance a Reiki session -
and which one might be right for you

Thursday June 29 : Reiki and Trauma

Learn how Reiki is being used to help manage or heal
emotional trauma

~ payment by donation

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